

Get InControl



And go the Distance

Mind control is a good thing if you're doing the controlling - **InControl™** will give you more control over your own mind.

InControl™ is designed to enhance and support normal brain function and has significant neuroprotective functions that decrease the adverse psychological and physical effects of stress.

InControl™ is formulated to influence several pathways in the brain to improve concentration, focus, memory and cognition, and to decrease anxiety and its associated physical effects such as rapid heart beat, sweating, nervousness, shakiness, etc.



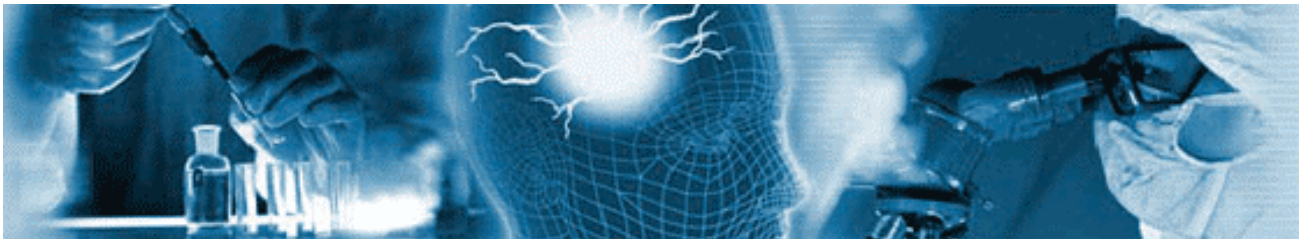
www.metabolicdiet.com

You need InControl if:

1. You feel that your memory isn't up to par or is slipping and you could use a memory boost.
2. You have trouble focusing and concentrating.
3. You suffer from nerves prior to a test, presentation, or competition and need help reducing performance anxiety.
4. You need to perform well at almost anything but are having problems doing so.

InControl is useful in a variety of settings and conditions, and results in:

1. An increase in focus and concentration for special events, competitions, training, examinations, speeches, or presentations.
2. An increase in mental functioning and wellbeing.
3. A decrease in butterflies and stress associated with presentations and special events including performances, competitions, public speaking, presenting at seminars and other functions.
4. A feeling of being In Control in situations and conditions that may leave you feeling out of control including attention deficit disorder, pre-menstrual syndrome, anxiety attacks, nervousness, withdrawal from drug use, etc.
5. Enhanced cognitive function and a lessening of senior moments – inability at times to remember certain words, even though these words, such as names, are easy to remember most of the time.
6. A steady hand and control of fine movement in sports and activities where they are necessary for optimum performance including golf, shooting, archery, pool, etc.
7. Elimination of wasted nervous energy.



InControl Puts You Back IN CONTROL

Many people, whether due to stress or aging, feel that their mental capacities such as cognition and concentration aren't up to par, or at least not like they used to be. Most of the time it is lapses in memory that makes you think that mentally you're slipping. Other times it could be changes in other aspects of cognitive function such as alertness, orientation, attention span, and insight.

The common consensus, however, is that we should expect some deterioration in mental functions and ability to stay sharp and focused with stress and aging, and that there's not much you can do about it except to stay as mentally active as possible. However, that's not necessarily the case. There are several conditions and nutritional deficiencies, as well as a number of potent anti-aging therapies that can impact brain function. And correcting the conditions and deficiencies and using certain nutritional ingredients can help us to improve memory and cognition and deal with both aging and stress related dysfunction.

InControl helps deal with both conditions, such as insulin resistance, blood lipid abnormalities, and inflammation, and nutritional deficiencies. As well, it puts together over 60 natural ingredients in an additive and synergistic formulation that affects many of the mental, memory and cognitive pathways as well as pathways that act to diminish the adverse effects of stress, inflammation and free radical damage on the body's cardiovascular and neuromuscular systems.

Reactive and Proactive Use of InControl

Luckily for almost all of us there is a substantial window of opportunity between mild cognitive impairment, even as mild as "senior moments" when we go into a room and forget why we're there, or can't remember a name of something that is so familiar that we should easily be able to recall it, or feeling a tad confused under situations that we normally could easily handle automatically, and the development of more serious disorders.

It's at these times, and for times when we have difficulty performing under stress, that InControl can be used to decrease the incidence of these moments, and slow or even reverse any decline in mental capacity, whether due to stress or aging.

InControl is so advanced in its ability to affect significant neural pathways that it is a quantum leap above anything else on the market today. In fact its approach to mind, memory and cognition, and its complimentary effects on other body mechanisms represents a new paradigm for personal mind control.

Within a half hour or so of taking InControl, there's often an enhancement in alertness, focus, concentration and brain function, a decrease in stress induced mental alterations and an increase in mental performance.

InControl Nutrition Panel

Supplement Facts:		Serving Size: 6 Tablets Servings Per Container: 15		
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	100 mg	167%	Bioperine	5 mg *
Vitamin E (as dl-Alpha Tocopheryl Acetate)	100 IU	333%	InControl Proprietary Complex 8,500 mg	
Vitamin B1 (as Thiamine and Benfotiamine)	10 mg	667%	5-HTP (5-Hydroxytryptophan), Alpha-Glycerolphosphocholine,	
Vitamin B2 (as Riboflavin)	10 mg	490%	Alpha Lipoic Acid, Acetyl L-Carnitine HCl, Bacopa Monniera Leaf Extract.	
Vitamin B3 (as Niacinamide and Niacin)	110 mg	550%	Calcium Phosphate, Chamomile Extract, CDP Choline, Cellulose,	
Vitamin B6 (as Pyridoxine HCl)	10 mg	500%	Choline Bitartrate, Codonopsis Extract, Coenzyme Q-10, DMAE Bitartrate,	
Vitamin B12 (as Methylcobalamin)	100 mcg	1667%	Eleutherococcus Senticosus (Root), Gingko Biloba Extract, GABA,	
Folic Acid	400 mcg	100%	Gotu Kola, Grape Seed Extract, Green Tea Extract, Guarana Extract,	
Biotin	100 mcg	33%	Hops Extract, Huperzine A, Idebenone, L-Carnosine, L-Glutamine,	
d-Calcium Pantothenate	100 mg	1,000%	L-Phenylalanine, L-Pyroglutamic Acid, L-Tyrosine,	
Magnesium (as Magnesium Oxide)	150 mg	37.5%	Lecithin (Phosphatidylcholine), Lemon Balm Extract, Velvet Bean Extract,	
Zinc (as Zinc Monomethionine)	10 mg	67%	Omega 3 Fish Oil (DHA, EPA), Passion Flower Extract, Phosphatidylserine,	
Potassium (as Potassium Chloride)	99 mg	3%	Rhodiola Rosea Extract, Sage Extract, Schizandra, Skullcap Herb Extract	
Manganese (as Manganese Citrate)	2 mg	100%	Taurine, Vanillin, Vinpocetine.	
Chromium	25 mcg	21%		
Other Ingredients: Stearic Acid, Magnesium Stearate, Croscarmellose Sodium, Silicon Dioxide, Hypromellose				
*Daily Value Not Established				