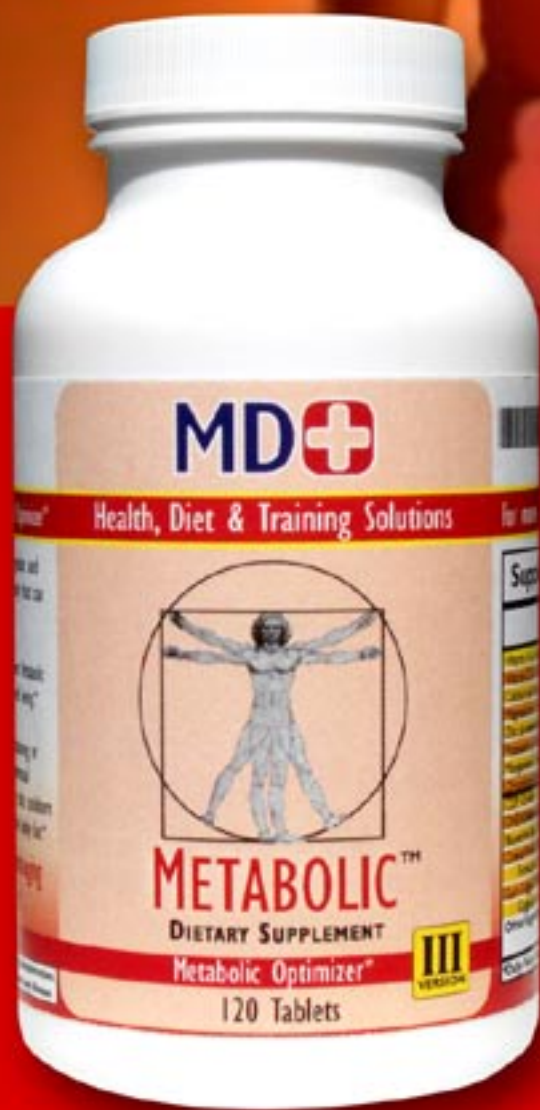


Metabolize



Metabolic normalizes and optimizes metabolism and macronutrient utilization (the use of fats, carbs and protein). It also has significant effects on the body's hormonal balance. It increases levels of growth hormone and testosterone (in both men and women), decreases cortisol levels, increases insulin sensitivity, and optimizes thyroid hormone levels and function.

These effects increase weight and fat loss while maintaining or even increasing muscle mass. As well, the hormonal environment created by Metabolic will allow cellulite, that stubborn dimpled fat, to be oxidized along with the rest of the bodyfat. The ingredients in Metabolic function synergistically to increase the anabolic and fat burning effects of exercise, and to combat fatigue, wear and tear on the body, stress and hormonal dysfunction.

MDO+

www.metabolicdiet.com

Metabolic is useful for:

1. **Weight and fat loss**
2. **Improving body composition**
3. **Decreasing the effects of dieting, stress and aging on the hormonal system**
4. **Improving insulin, thyroid, pituitary and adrenal functioning**
5. **Improving sexual functioning**
6. **Anti-Aging**

Metabolic is formulated to help regulate and optimize metabolic and hormonal processes that can be disrupted by exercise, dieting, stress and aging.

By improving the metabolic and hormonal environment Metabolic improves body composition, helps get rid of body fat, especially cellulite, and increases energy levels and well being.

As well, Metabolic, because of its effects on optimizing the body's hormones, is effective in dealing with insulin, thyroid, growth hormone and sex hormone dysfunction that occurs secondary to weight loss and aging.

Metabolic normalizes and optimizes metabolism and macronutrient utilization (the use of fats, carbs and protein). It also has significant effects on the body's hormonal balance. For example it increases levels of growth hormone and testosterone (in both men and women), decreases cortisol levels, increases insulin sensitivity, and optimizes thyroid hormone levels and function.



Ingredients in Metabolic that support weight and body fat loss and optimize body composition.

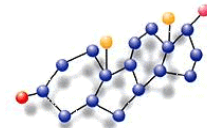


The ingredients in Metabolic are meant to help you lose weight, lose body fat, and improve your body composition, both directly and through their effects on the hormonal and central nervous systems.

Some of the ingredients are specifically included for their effects on weight and fat loss and body composition. Others are meant to deal with the body's counter productive response to a drop in calories, the mainstay of any effective diet. And still others are meant to adjust the body's hormonal responses to various stressors, whether due to chronic stress, dieting or aging, that can affect weight loss and body composition.

Some of the ingredients do double or triple duty in that they affect two or all three of the pathways I've described, and sometimes more.

For example metabolic contains DHEA. DHEA has potent effects on improving body composition, weight loss and fat loss while at the same time maintaining muscle.



Metabolic and LipoFlush Combo

Metabolic is formulated to aid in maximizing body composition and to maintain hormonal homeostasis. As such, it's useful as an aid to weight and body fat loss, and can be used on its own or along with LipoFlush. When used together LipoFlush and Metabolic are particularly effective in maximizing body composition and in decreasing body fat, especially cellulite.



When used together with LipoFlush Metabolic adds another dimension to the weight loss equation by providing increased impetus to weight and fat loss efforts, especially in the evening and during the night.

Metabolic is also part of the [Cellusol](#) package where it helps maintain muscle tissue while burning body fat. It also optimizes the important hormones and processes in the body including increasing insulin sensitivity, and regulating growth hormone, testosterone and thyroid levels.

Metabolic Nutritional Panel

Supplement Facts:		Serving Size: 4 Tablets	
		Servings Per Container: 30	
	Amount Per Serving	% Daily Value	
			Amount Per Serving
			% Daily Value
Vitamin A (as Retynl Palmitate)	2,000 IU	40%	Gymnema Sylvestre (leaf) 100 mg *
Vitamin D (as Cholecalciferol)	200 IU	50%	Garcinia Cambogia Extract (fruit) 400 mg *
Calcium (as Calcium Phosphate)	475 mg	40%	Hydroxycitric Acid 200 mg
Magnesium (as Magnesium Phosphate)	200 mg	50%	L-Carnitine 250 mg *
Zinc (as Zinc Monomethionine)	10 mg	67%	Alpha Lipoic Acid 100 mg *
Potassium (as Potassium Phosphate)	99 mg	3%	Velvet Bean Extract (seed) 80 mg *
Manganese (as Manganese Sulfate)	5 mg	250%	L-Dopa 12 mg
Chromium (ChromeMate™)	50 mcg	42%	Calcium Pyruvate 667 mg *
CDP Choline	225 mg	*	Metabolic Proprietary Complex mg 2600 mg
DHEA (Dehydroepiandrosterone)	25 mg	*	
Bioperine (Seed) ®	4 mg	*	Arginine Alpha-Ketoglutarate, Bacopa Monnieri, Banaba Leaf Extract,
Coleus Forskohlii Extract (root)	125 mg	*	Calcium Phosphate, Cellulose, Germanium, Kelp, L-tyrosine, Maca root,
Forskohlin	10 mg		Ocimum Sanctum, Phosphatidylcholine, Phosphatidylserine, Vinpocetine,
Gum Guggul Extract (resin)	80 mg	*	
Guggulsterones	8 mg		
Other Ingredients: Stearic Acid, Modified Cellulose Gum, Magnesium Stearate, Silicon Dioxide, Hypromellose.			
*Daily Value Not Established			