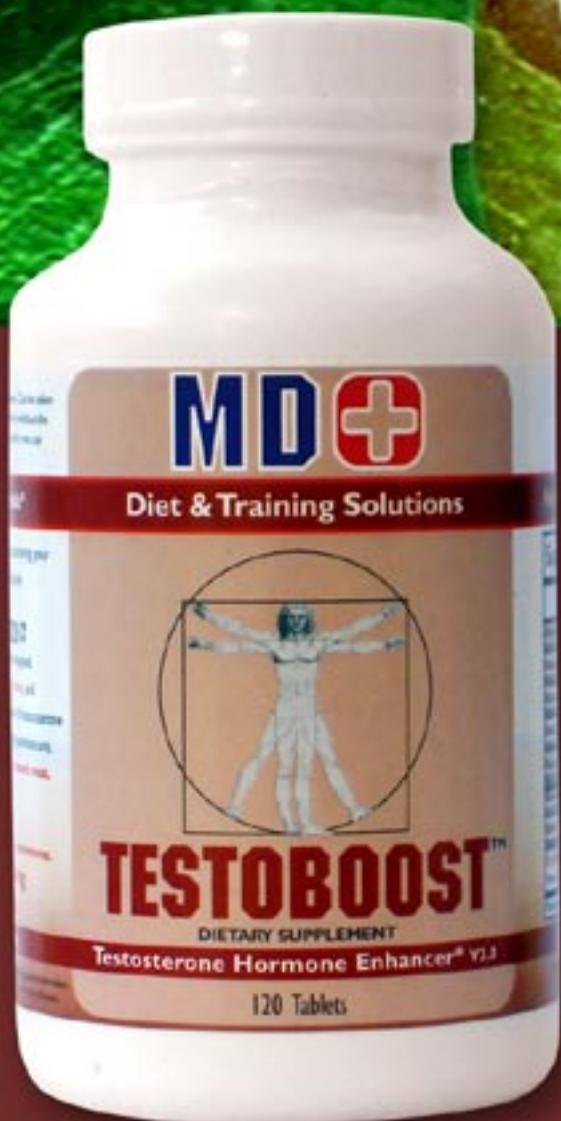


# Muscle Up & HULK out



## And go the distance

TestoBoost™ contains many natural ingredients designed to work synergistically to *improve testosterone formation*, and decrease any potential side effects from conversion of testosterone to estrogens and dihydrotestosterone.



[www.metabolicdiet.com](http://www.metabolicdiet.com)

## TestoBoost V3.0 contains a unique formulation that will:

- Increase testosterone
- Block excessive estrogen production
- Block excessive production of dihydrotestosterone
- Enhances prostate health in men
- Increase libido and sex drive in both men and women
- Provide a potent anabolic effect
- Decrease body fat

## How TestoBoost Works

Using a variety of ingredients to effectively act as a testosterone sink by trapping testosterone production is the most effective way to increase endogenous androgen production. In order to do this you have to consider all the possible pathways that are involved in maximizing testosterone production, including:

- Increasing luteinizing hormone (LH) production.
- Increasing the effect of LH.
- Increasing testicular steroidogenesis directly.
- Decreasing inhibitors of steroidogenesis.
- Providing vitamins and minerals that might be frankly or marginally deficient and thus not allowing the full production of testosterone - e.g. magnesium, zinc, B6.
- Increasing peripheral formation of testosterone.
- Decreasing peripheral formation of dihydrotestosterone and estrogens or blocking their effects.



TestoBoost is by far the most powerful natural testosterone booster, and libido and sex drive enhancer on the market today. Version 3 is the second reformulation of the original TestoBoost, which came out in February of 2000. Each version has been improved by taking into account new research, personal clinical studies on the

effectiveness of adding certain ingredients to the present formulation and feedback from colleagues and others who have used the product, including their subjective results and blood work.

## Health Benefits and Protective Effects of TestoBoost

Although TestoBoost is formulated to increase testosterone levels and enhance anabolism, it's also formulated to provide substantial health benefits. For example it has several ingredients, including **saw palmetto (serenoa repens)**, **zinc**, **quercetin**, **GLA** (in **borage oil**) and **stinging nettle** that enhance prostate health in males, and provide anti-inflammatory effects in both males and females.

Some of these ingredients also decrease the formation of dihydrotestosterone from testosterone, thus maximizing testosterone levels while at the same time decreasing the adverse effects of higher systemic and tissue levels of dihydrotestosterone, which includes adverse effects on the prostate and hair loss.

TestoBoost also contains several potent antioxidants, such as **alpha lipoic acid**, **beta carotene**, **vitamin C**, **vitamin E**, **Coenzyme Q10**, and **turmeric**, which act to improve pituitary and testicular/ovarian function, and decrease the adverse effects of free radicals on the hypothalamic-pituitary-testicular/ovarian axis, and the associated pathways that are responsible for maximizing endogenous testosterone production.

For example, a recent study has found that vitamin E and vitamin C protect the testes from damage secondary to oxidant damage. **Alpha lipoic acid** (ALA), because it is a sulphur compound, can bind and help eliminate heavy metals such as copper, iron, mercury and cadmium, all of which can cause oxidant damage to the gonads (testes and ovaries). ALA has a double antioxidant effect as it has significant antioxidant properties on its own, but also regenerates glutathione, the most important endogenous antioxidant. ALA and glutathione have been shown to have significant effects in decreasing mercury toxicity in the body.

The combination of **forskohlin** and antioxidants in TestoBoost may also impact on Leydig cell function (these are the testicular cells that make testosterone) and result in combating the normal decrease in testosterone seen with aging and stress.

TestoBoost also contains several other vitamins, minerals and nutrients that are important for optimizing testosterone levels. These include **vitamin A**, **vitamin B6**, **vitamin B12**, **niacin**, **calcium**, **magnesium**, **manganese**, **boron**, **zinc**, **ginger** and **Coenzyme Q10**.

**The bottom line** is that TestoBoost v3.0 is the most effective testosterone booster on the market today. And although it doesn't contain any prohormones, which can have significant side effects, it surpasses any prohormone formulation in increasing testosterone levels and in providing potent anticatabolic and fat burning effects.

If increasing your anabolic drive, and maximizing muscle mass while minimizing body fat is important to you, check out [NitAbol](#), the nighttime anabolic, fat burning combo that combines TestoBoost with [GHboost](#) and [Myosin Protein](#).

NitAbol is also perfect for those who want to lose weight, but would prefer to maintain the muscle they have and strictly lose body fat. In this case I'd also recommend that you use [LipoFlush](#) as the ultimate fat loss supplement.

<b>Supplement Facts:</b>		Serving Size: 4 Tablets	
		Servings Per Container: 30	
	Amount Per Serving	% Daily Value	Amount Per Serving
			% Daily Value
Vitamin A (as palmitate)	2,000 IU	40%	<b>TestoBoost™ Proprietary Formula 5333 mg</b> 5-Methyl Methoxy Isoflavone, Acetyl L-Carnitine, Alpha Lipoic Acid, Arginine Alpha-Ketoglutarate, Aspartate, Avena Sativa, Borage Oil (GLA), Calcium-D-Glucarate, Calcium Phosphate, Catuaba Bark, Cellulose Fiber & Gum, Chasteberry (Vitex Agnus-Castus), Chrysin, Coleus Forskohlii (Forskohlin), Damiana, Deer Antler, Eurycoma Longifolia, Genistein, Ginger Root, Indole-3-Carbinol, Ipriflavone, Maca, Magnesium Octadecanoate, Muira Puama, Passion Flower, Prickly Pear Extract, Quercetin Dihydrate, Saw Palmetto, Schisandra Chinensis, Stinging Nettle, Suma (Beta Ecdysone), Turmeric
Beta Carotene	5,000 IU	100%	
Vitamin C (as ascorbic acid)	100 mg	167%	
Vitamin E (d-alpha tocopherol succinate)	100 IU	333%	
Vitamin B6 (as pyridoxine HCL)	25 mg	1,250%	
Vitamin B12 (as methylcobalamin)	100 mcg	1667%	
Niacin	10 mg	50%	
Magnesium (aspartate and oxide)	150 mg	38%	
Manganese	2 mg	100%	
Zinc (as L-OPTIZINC Monomethionine)	10 mg	67%	
Bioperine (piperine)	5 mg	*	
Coenzyme Q10 (ubiquinone)	10 mg	*	
Boron	3 mg	*	
Tribulus Terrestris Extract	450 mg	*	
Steroidal Saponins	180 mg	*	
Other Ingredients: Stearic Acid			
*Daily Value Not Established			