

MD+ EFA+ Version III

Essential Fatty Acids - Plus



EFA+ is an enhanced essential fatty acid formula containing optimum levels of the essential fatty acids as well as several other additive and synergistic ingredients.

The complex, scientifically based formulation provides much more than other essential fatty acid products.

<http://www.mdefaplus.com>
<https://www.mdplusstore.com>

The many benefits of EFA+ include:

- 1. Effects on body composition – improved metabolism, enhanced weight and fat loss and retention of muscle mass.**
- 2. Increased insulin sensitivity.**
- 3. Decreased inflammation in the body thus providing cardiovascular, neuromuscular and hormonal (including testosterone and growth hormone) health benefits.**
- 4. Improved serum lipid (cholesterol, triglycerides) profile including cholesterol levels.**
- 5. Improved immune system functioning.**
- 6. Improved mental health.**
- 7. Anti-aging effects.**

EFA+: A great way to get EFAs and then some

The bottom line is that EFA+ is a multi-purpose formulation designed to provide the full gamut of all the essential fatty acids and supporting ingredients that are so important in optimizing your metabolism, enhancing weight loss, body composition, and the anabolic and fat burning effects of exercise, boosting your immune system and decreasing counter productive inflammation in the body secondary to exercise, aging and various diseases.

EFA+ Nutritional Panel

Supplement Facts:		Serving Size: 4 Softgels Servings Per Container: 30		
	Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	18		Glutathione (Reduced)	100 mg *
Calories From Fat	18		Alpha Lipoic Acid	150 mg *
Total Fat	2 g	1.5%	GLA (Gamma Linoleic Acid)	300 mg *
Saturated Fat	0 g	0%	• (Borage Oil Extract)	
Cholesterol	0 mg	0%	Flaxseed Oil	1000 mg *
			Conjugated Linoleic CLA	150 mg *
Vitamin A (as Retynl Palmitate)	2,000 IU	40%	• (CLA Isomers)	
Vitamin C (as Ascorbic Acid)	100 mg	167%	Omega-3 Fish Oil	1000 mg *
Vitamin D (as Cholecalciferol)	100 IU	25%	• EPA (Eicosapentaenoic acid)	330 mg
Vitamin E (as dl-Alpha Tocopheryl Acetate)	100 IU	333%	• DHA (Docosahexaenoic acid)	220 mg
Vitamin B3 (as Niacinamide)	10 mg	50%	EFA+ Proprietary Blend 470 mg	
Vitamin B6 (as Pyridoxine HCL)	10 mg	500%		
Magnesium (as Magnesium Chelate)	100 mg	25%	Choline, Inositol, Methionine, Phosphatidylcholine, Phosphatidylserine,	
Zinc (as Zinc Monomethionine)	10 mg	67%	Policosanol, Serine	
Other Ingredients: Gelatin, Water, Glycerin, Sorbitol, Natural Caramel Color, Titanium Oxide.				
*Daily Value Not Established				